

Dr. Some Body, D.C.
 Chiro Sports Clinic
 9999 Something Road
 Some Town, WA
 Office Phone (999)999-9999
 Office Fax (999)123-4567

Range Of Motion Limitation - Session Report & Comparatives
MSM7000 Musculoskeletal Metrics

Patient: John Q Public
Height: 72 Inches
Weight: 180 lbs
Gender: Male
Handedness: Left
Date of Birth: 2/10/1961

Normal Values	
Cervical Ext	60°
Cervical Flex	50°
Cervical Lat Flex	45°
Cervical Rot	80°
Lumbar Ext	25°
Lumbar Flex	60°
Lumbar Lat Flex	25°

Range of Motion (ROM) Testing - Restriction and/or asymmetry in spinal motion was noted in the physical examination. Active range of motion testing was performed to document the extent of those spinal restrictions and asymmetries using the Zero-Neutral, Gravity-Based SFTR (Sagittal Frontal Transverse Rotation) Method developed by John J. Gerhardt, M.D.

7/13/2004		Score						%	ROM	%	
9:36:00 AM	Range of Motion	1	2	3	4	5	6	Max	Limitation	Improvement	Improved
Cervical	Extension	40°						40°	33%	n/a	n/a
Extension/Flexion	Flexion	38°						38°	24%	n/a	n/a
Cervical	Left	30°						30°	33%	n/a	n/a
Lateral Flexion	Right	26°						26°	42%	n/a	n/a
Cervical	Left	60°						60°	25%	n/a	n/a
Rotation	Right	45°						45°	44%	n/a	n/a
Lumbar	Extension	15°						15°	40%	n/a	n/a
Extension/Flexion	Flexion	40°						40°	33%	n/a	n/a
Lumbar	Left	20°						20°	20%	n/a	n/a
Lateral Flexion	Right	16°						16°	36%	n/a	n/a
10/21/2004		Score						%	ROM	%	
9:51:00 AM	Range of Motion	1	2	3	4	5	6	Max	Limitation	Improvement	Improved
Cervical	Extension	60°						60°	0%	+20°	50%
Extension/Flexion	Flexion	58°						58°	0%	+20°	53%
Cervical	Left	42°						42°	7%	+12°	40%
Lateral Flexion	Right	40°						40°	11%	+14°	54%
Lumbar	Extension	26°						26°	0%	+11°	73%
Extension/Flexion	Flexion	60°						60°	0%	+20°	50%
Lumbar	Left	28°						28°	0%	+8°	40%

Lateral Flexion	Right	26°	26°	0%	+10°	62%
Cervical Rotation	Left	79°	79°	1%	+19°	32%
	Right	75°	75°	6%	+30°	67%