

Dr. Some Body, D.C.

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Fibromyalgia/Pressure Pain Threshold - Session Report MSM7000 Musculoskeletal Metrics

Patient: John Q Public
Height: 72 Inches
Weight: 180 lbs
Gender: Male
Handedness: Left
Date of Birth: 2/10/1961

Fibromyalgia/Pressure Pain Threshold Survey for 7/13/2004, 7:02:00 PM

Site Location (lbs)	Left	Right	Control Site	Comments
Anterior				
Forehead			8.8	
Low Cervical	3	2.6		Left and Right Side Tender Points
Second Rib	3.4	2		Left and Right Side Tender Points
Lateral Epicondyle	2.6	3		Left and Right Side Tender Points
Left Thumbnail			8.8	
Knee	8.8	8.8		
Posterior				
Occiput	2.8	2.8		Left and Right Side Tender Points
Trapezius	2.6	3.2		Left and Right Side Tender Points
Suprapinatus	3.2	2.4		Left and Right Side Tender Points
Gluteal	3.4	2.8		Left and Right Side Tender Points
Right Forearm			8.8	
Greater Trochanter	8.8	3		Right Side Tender Point

Total Survey Site Score: 69.2
Avg. Survey Site Score: 3.8
Avg. Control Site Score: 8.8

Patient underwent a Fibromyalgia/Pressure Pain Threshold (FM/PPT) Test today to assess muscular tenderness. A computerized algometer was used to determine their pressure pain threshold at each of the 18 survey sites designated by the American College of Rheumatology (ACR) for the diagnosis of Fibromyalgia (FM).

The results are as follows:

1) Patient reported tenderness in 15 of 18 survey sites used by the ACR to determine whether individuals meet the "tender point" criterion for the diagnosis of FM. Thus, the patient did meet the

tender point criterion for the diagnosis of FM.

2) Patient's average Pressure Point Threshold (PPT) during examination of the 18 ACR survey sites was 3.8. This is 46.6% of the PPT found in normal individuals (i.e., ones who do not have any chronic musculoskeletal pain problems).

*ACR "tender point" criterion: pain reported in at least 11 of 18 survey sites with applied force less than 4 kgs (8.8 lbs).